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# Walking with Wisdom

By Java Solis

This will not be the last time you hear of Chanda Nicole Mobley, DrPH,<sup>®</sup> MPH. Mobley, 34, has a passion for education, accomplishment and service that has taken her from coast to coast and into the lives of thousands of Georgia children. Mobley is an asthma educator, a camp director, a university professor, an independent consultant to the government, and the director of the Georgia pediatric asthma program and teen smoking cessation program.

To each of her appointments she brings grace, knowledge and above all compassion. "My motto is, 'walk with wisdom,'" says Mobley, "and I try to bring that to everything I do."

**A**fter obtaining her Masters of Public Health at Emory University, Mobley worked at the Hughes Spalding Children's Hospital as the asthma education coordinator. "I loved what I was doing at Hughes Spalding, but ... I could not grow as much as I wanted professionally," Mobley left Hughes Spalding to pursue a Doctor of Public Health degree with an emphasis in Maternal and Child Health, which led to a position as the director of the American Lung Association's Camp Breathe Easy, a camp for children with moderate to severe asthma.

"Camp Breathe Easy is a fabulous program," says Mobley. "Children with asthma may feel like they are different because their condition may inhibit them from doing things that other children without asthma can do. Camp allows these children to meet others like themselves. It helps them to develop self confidence, social skills and asthma management skills." Mobley has grown Camp Breathe Easy from 60 campers to over 200 campers per year. She has also increased their volunteer list from only 50 to a long waiting list of people hoping to have the opportunity to volunteer.

April is Environmental Awareness Month, an issue that affects

Dr. Chanda Nicole Mobley



Photography by Scott Houlikey

all children with asthma and their families. "I am glad Georgia has taken some proactive steps, like implementing emissions testing," says Mobley, "but I think we can do better. We need to continue to look for new ways to improve the air quality and to continue to do more to help children with compromised lungs."

Mobley credits her drive and accomplishments to her mother, Sandra Mitchell, and her spirituality. "My Mom always said education was important. She knew her limitations and told us, 'I don't have a lot to leave you, we're not wealthy, we don't have a family business; I don't even have money to send you to college, so you have to do it on your own.'" And Mobley did—and she shows no signs of slowing down. Professionally, she plans to pursue her dream job, that of a decision maker within the federal Head Start Bureau. Personally, she looks forward to the opportunity to raise a child. "I love what I do because I love to be challenged," says Mobley. "It just feels like I am in the right place doing the right thing." ♪

To learn more about Camp Breathe Easy and ways you can contribute, visit [www.campbreatheeasy.com](http://www.campbreatheeasy.com).